



PDO THREAD

GUIDE BOOK

**EQUINOX PDO THREAD
OFFICIAL AUSTRALIAN SUPPLIER OF PDO
THREADS**



Australian Sponsor

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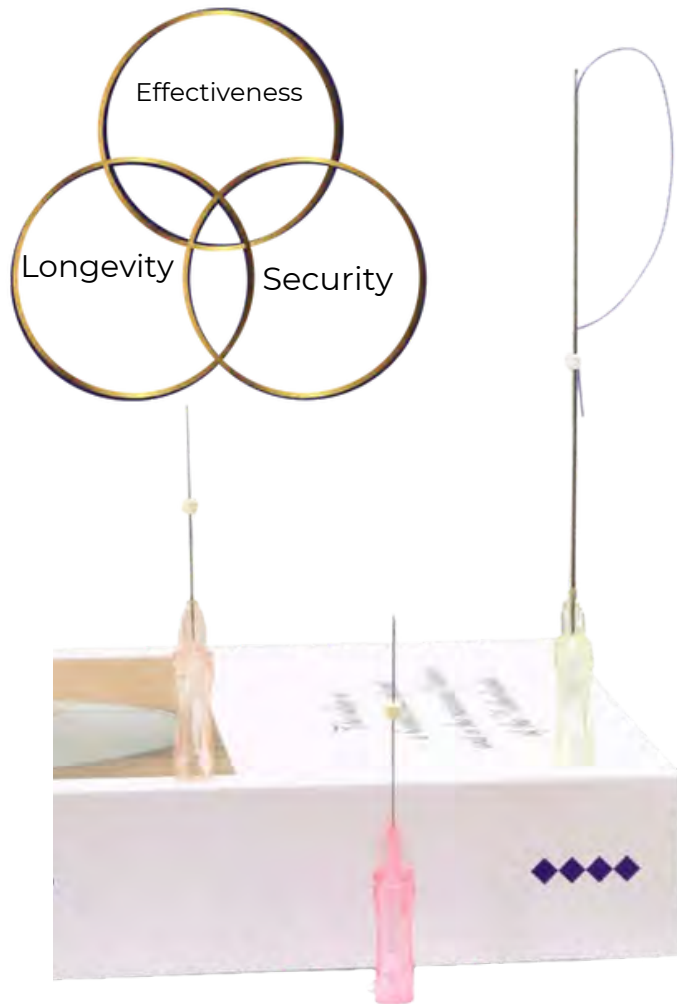
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LIFSKIN



About Equinox PDO Thread



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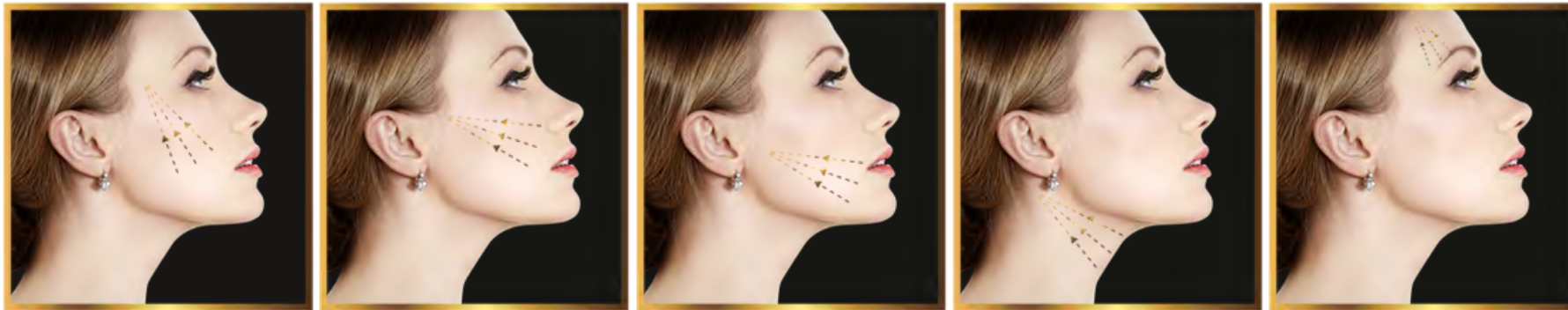
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Procedure Guide

Choices of the thread or combination of the types of thread depends on the patients face shape, size of the bone, age and skin type.



Jawline Lift

Nasolabial Line Lift

Jowl / Marionette Line Lift

Double Chin / Neck Lift

Eyebrow Lift

MONO, SCREW
TWIN SCREW
TWIN, TRIPLE
THREAD

EYE CANUULA
NOSE
THREAD

L _ TYPE COG
MOLDING COG
MULTI THREAD



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Procedure Guide

Subcutaneous (Below the Skin) Changes

- _ Loss of fat below the skin in the cheeks, temples, chin, nose and eye area may result in loosening skin, sunken eyes and a "skeletal" appearance.
- _ Bone loss, mostly around the mouth and chin, may become evident after age 60 and cause puckering of the skin around the mouth.
- _ Cartilage loss in the nose causes drooping of the nasal tip and accentuation of the bony structures in the nose.

Other Skin Changes



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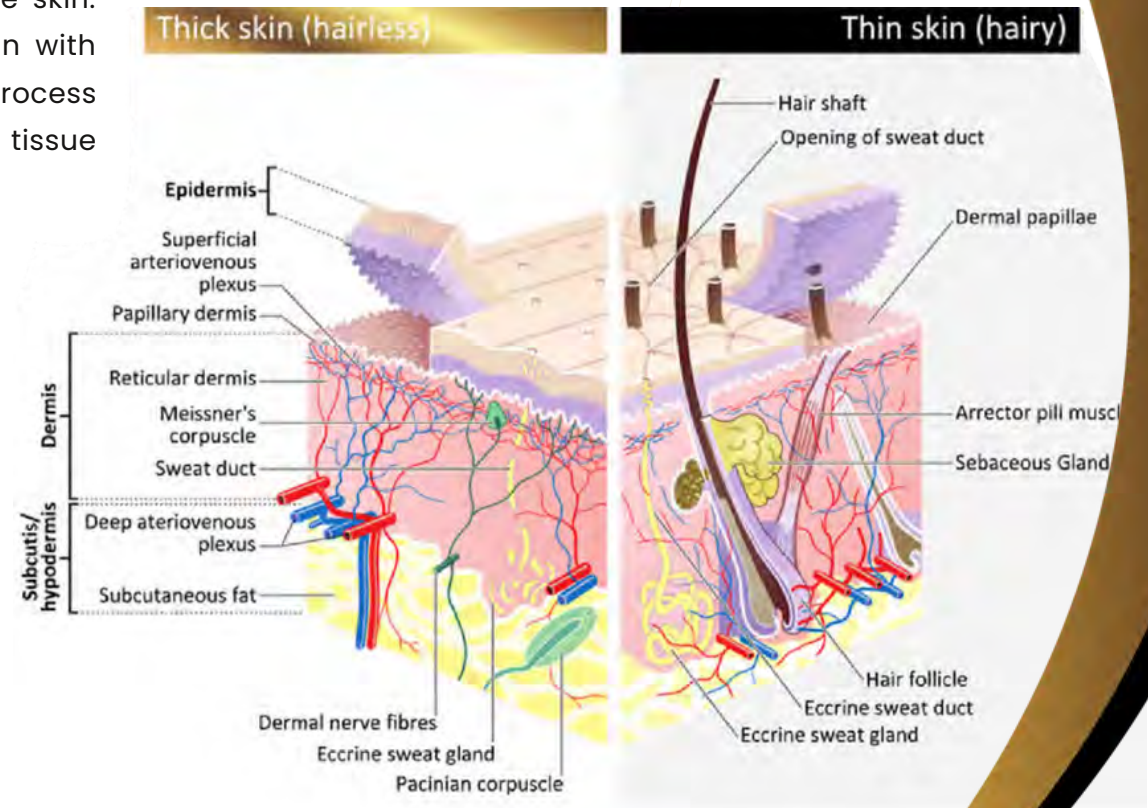
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Procedure Guide

The product used for PDO Thread Therapy is a fine needle (21G-30G) affixed to the absorbable thread (thickness of 0.05mm-0.40mm and length of 25mm-140mm).

The needle is inserted into the subcutaneous layer of the skin, and when it is taken out, the threads remain implanted in the skin. Insertion of dozens of needles to the deeper layer of skin with absorbable threads activates their natural regenerative process and mechanical stimulation of wound healing and tissue contraction.

Treatment depth effect is increased sub cutaneous Fat Layer/Fascia/Panniculus Carnosus/Ligament. The reason for not applying in dermis to avoid inflammation by irritating sebaceous glands. PDO may be visible on the skin. PDO thread may come out by movement.



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Procedure Guide

1. Effects on Fat Layer under Skin.
MONO, DOUBLE, SCREW, TWIN SCREW
2. Effects on Fat Layer under Skin.
MONO, MONO EYE CANNULA, SCREW, DOBULE SCREW, MULTI THREAD, TRIPLE THREAD, TWIN THREAD.
3. Effects on Fat Layer under Skin.
SCREW, DOUBLE SCREW, MULTI THREAD, COG THREAD, MOLDING THREAD



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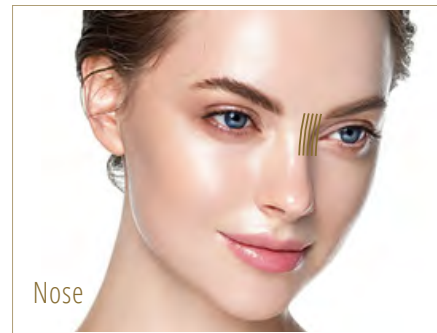
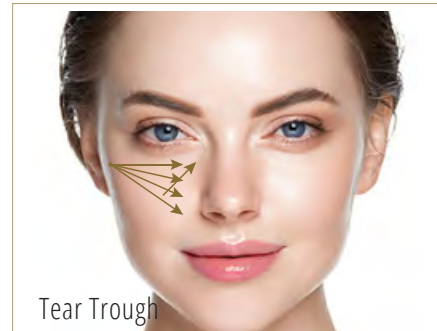
Procedure Guide

Recommended threads can be different by patient's condition and doctor's discretion.

Effects on Fat Layer under Skin.

MONO, MONO EYE CANNULA, SCREW, DOBULE

SCREW, MULTI THREAD, TRIPLE THREAD, TWIN THREAD.



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Procedure Guide

Effects on Fat Layer under skin

Recommended threads can be different by patient's condition and doctor's discretion.

Obtains directionality as well as contraction effect from the starting point to reference point area.

As thread is inserted, stimulus is made and it causes skin contraction and lifting effects.



Sharp



Blunt 45°



L-Cannula



W-Cannula



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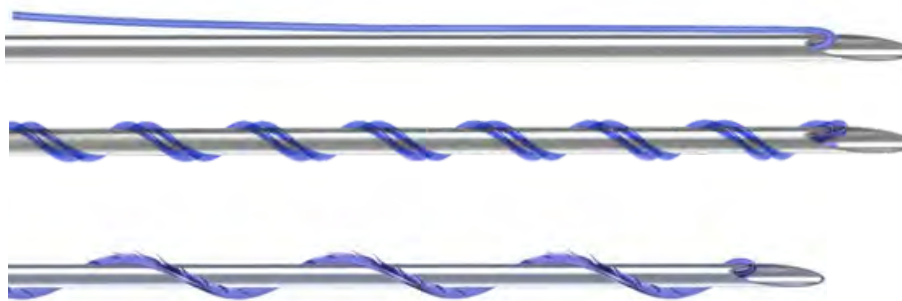
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Procedure Guide

MONO / DOUBLE

Do not use snap. Gently press when inserting. (To know the exact depth). Be cautious of depth and direction because recipients may have heavy pain or bleeding if threads are applied under cheekbone.

Where the procedure is done too deeply, it damages the blood vessels and may swell up as if wisdom teeth was removed. Applying few more thread to chin is recommendable if recipient has developed chin.



Mono

Twin Screw

Screw



Sharp



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Procedure Guide

BARBED THREAD

Barbed thread products are the most universal line-up for thread lifting. A barbed thread can be classified according to its cog pattern production method : Molding cog thread and cutting cog thread. It consists of a sharp needle or blunt cannula, and the thread inside. It is normally used in the Forehead & brow, Mid-Lower face(medial), Naso-jugal groove, Naso-labial fold, Medial border, Lower border(Marionette line), and Ptotic breast.

Needle		Thread		Model Code
Gauge	Length	USP	Length	
18G	100mm	2	150mm	SCB181000U
19G	70mm	1-0	90mm	SCB190700U
	100mm		150mm	SCB191000C
21G	60mm	2-0	90mm	SCB210620C
	90mm		150mm	SCB210920C
23G	60mm	3-0	90mm	SCB230630C
	90mm		150mm	SCB230930C

Effect: Generating Collage, Volumizing, Lifting



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Procedure Guide

4D COG

With a 360° Barbs design, 4D Cogs have multidirectional barbs which fix and support the skin tissue in various directions and are excellent for non-surgical face and neck lift treatments. This minimally invasive procedure uses dissolvable PDO (Polydioxanone) Cog threads to lift and tighten the skin by stimulating new collagen production thereby reducing wrinkles, tightening pores and creating volume.

Why Choose LIFSKIN COG

4D Cog is a revolutionary embedding PDO (Polydioxanone) suture and ligature thread, with cogs and barbs formed during manufacture. As the point of contact to tow panniculus carnosus is increased, the lifting effect is maximized.

- Two times greater anchoring and tensile strength than cut-thread offers an effective facial lifting.
- 360 (4D Cog) can fix the tissues in all directions with 360 degree protrusion.

Needle		Thread		Model Code
Gauge	Length	USP	Length	
18G	100mm	2	150mm	SCB181000U
19G	70mm	1-0	90mm	SCB190700U
	100mm		150mm	SCB191000C
21G	60mm	2-0	90mm	SCB210620C
	90mm		150mm	SCB210920C
23G	60mm	3-0	90mm	SCB230630C
	90mm		150mm	SCB230930C



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Procedure Guide

BARBED THREAD

4D, 360°, Bi-Direction

Sharp Needle Type (Semi - Blunt Needle)



360°, Bi-Direction

L-Type Cannula



- 360°, bi-direction Cog thread with Sharp needle, 45° blunt, L type and U type blunt needle
- Mostly used for face, eye brows and body lifting
- CE, ISO, GMP approved
- Packing Unit : 10ea/pack, 10packs/box (100ea)

Bi-Direction

W-Type Cannula



- Bi-direction Molded Cog thread with W type blunt needle
- Specially designed to strongly lift sagging skin and improve wrinkles, Applicable on face and Body
- The best item of Cog threads**
- Packing Unit : 10ea/pack, 10packs/box(100ea)



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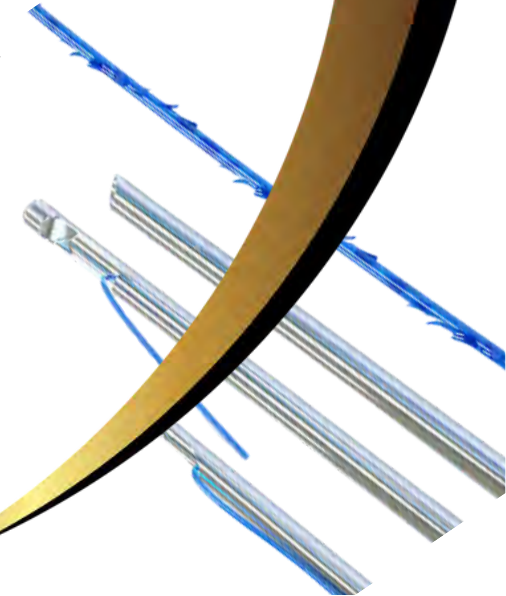
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Procedure Guide

Eye Cannula / MONO

Needle		Thread		Model Code
Gauge	Length	USP	Length	
29G	38mm	6-0	50mm	SC29038610NE

Eye Cannula / SCREW

Needle		Thread		Model Code
Gauge	Length	USP	Length	
29G	38mm	6-0	50mm	SC29038610NS

- Mono thread with blunt needle
- It has been designed to treat eye bags, fine wrinkles around the eyes
- Blunt needle minimizes swelling, bruising and bleeding during the procedure • CE, ISO, GMP approved
- Packing Unit : 20ea/pack, 5packs/box(100ea)



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Procedure Guide

Nose (COG CANNULA)

Recommended threads can be different by patient's condition and doctor's discretion.

Needle		Thread		Model Code
Gauge	Length	USP	Length	
19G	38mm	2	50mm	SCB190380C
	50mm		80mm	SCB190500C

- Cog thread with L-type cannula needle.
- It has been designed to treat nose without incision, easy and safe treatment!
- Packing Unit : 10ea/pack, 10packs/box (100ea).



Nose
Cog Type



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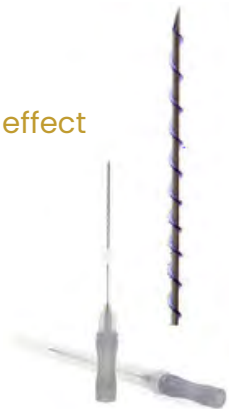
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Procedure Guide

Nose (Mono / Screw)

Needle		Thread		Model Code
Gauge	Length	USP	Length	
30G	25mm	6-0	30mm	SC30025710N
	38mm		50mm	SC30038710N
29G	25mm	6-0	30mm	SC29025610N
	38mm		50mm	SC29038610N
	50mm		70mm	SC29050610N
	60mm		90mm	SC29060610N
27G	38mm	5-0	50mm	SC27038510N
	50mm		70mm	SC27050510N
	60mm		90mm	SC27060510N
26G	38mm	5-0	50mm	SC26038510N
	50mm		70mm	SC26050510N
	60mm		90mm	SC26060510N
	90mm		150mm	SC26090510N

Stronger effect



Effect : Generating Collagen, Volumizing

Recommended threads can be different by patient's condition and doctor's discretion.



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Procedure Guide

Abdomen (Mono / Screw/ Double/ Triple Thread)

Needle		Thread		Model Code
Gauge	Length	USP	Length	
27G	38mm	7-0 x 2	50mm	SC27038710W
	50mm		70mm	SC27050710W
	60mm		90mm	SC27060710W
26G	38mm	7-0, 6-0	50mm	SC26038610W
	50mm		70mm	SC26050610W
	60mm		90mm	SC26060610W
	90mm		150mm	SC26090610W
25G	60mm	6-0 x 2	90mm	SC25060510W
	90mm		150mm	SC25090510W

Stronger effect

Effect : Generating Collagen, Volumizing
improvement of wrinkle, Elastic skin, Fat reduce

Recommended threads can be different by
patient's condition and doctor's discretion.



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Procedure Guide

Buttocks (Mono / Screw /
Cog/ MULTI Thread)

Needle		Thread		Model Code
Gauge	Length	USP	Length	
26G	38mm	7-0 x 3	50mm	SC26038710R
	50mm		70mm	SC26050710R
	60mm		90mm	SC26060710R
	90mm		150mm	SC26090710R
25G	60mm	6-0 x 3	90mm	SC25060610R
	90mm		150mm	SC25090610R
23G	100mm	4-0 x 3	170mm	SC23100410R

Stronger effect



Effect : Generating Collagen, Volumizing
improvement of wrinkle, Elastic skin, Hip-Up

Recommended threads can be different by
patient's condition and doctor's discretion.



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Combination of Thread

Common Combination

Blue arrows - suitable the Forehead, chin, Lateral cheek hollow, Lower lid, Tear trough, Marionette line, Lip augmentation, but additionally it can be used in Eyebrow augmentation, Nose, and Neck wrinkle.

Purple arrows - Brow lift. Entry point and the top of the forehead. (3DCogs)

Orange arrows - Foxy eyes. Entry point tail of the brow. (3D Cogs)

Green arrows - Under eye wrinkles (Screw)

Gold arrows - Cheek/Nasal labial folds/Marionette lines (Cogs) There is no limit to how many cogs you put in the area. Typical amount 2 to 4 threads to lift each area. Pink arrows - Building collagen with mono's.

MONO

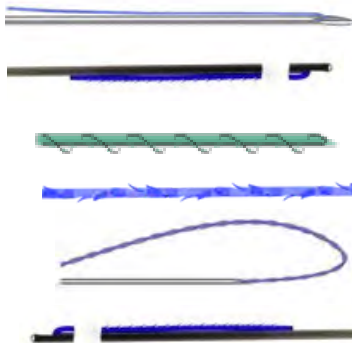
MULTI THREAD

SCREW

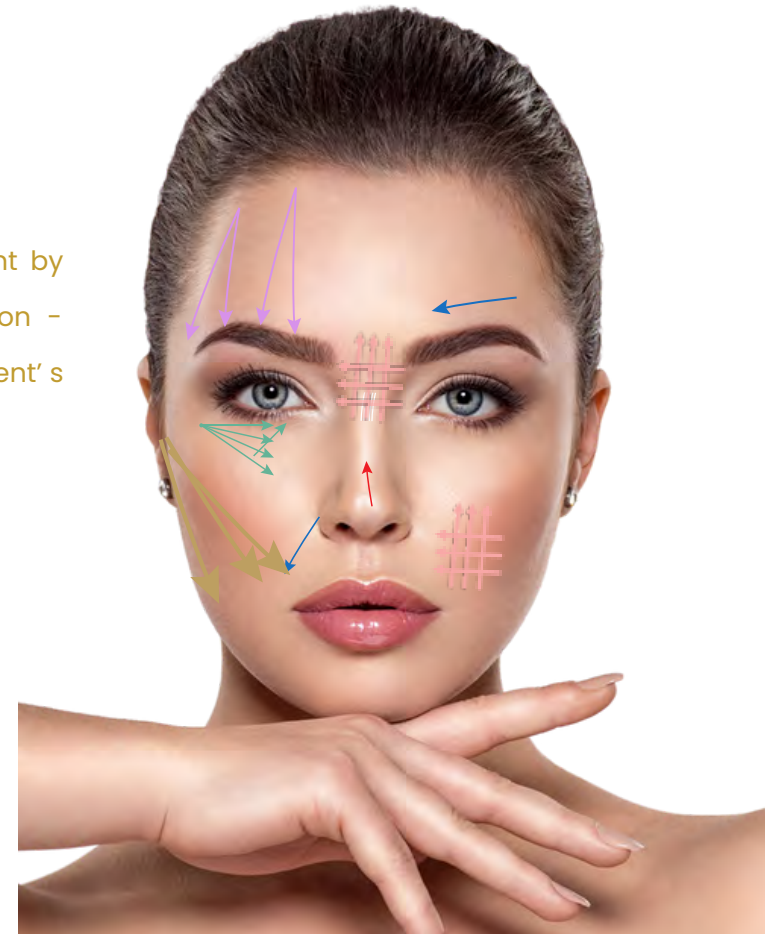
L_TYPE COG

EYEBROW COG

NOSE COG



- Recommended threads can be different by patient's condition and doctor's discretion - Please choose the model considering patient's size of face and condition



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Combination of Thread

Full Combination

One can combine threads with platelet-rich plasma, botulinum toxin type A and dermal fillers. PRP is usually injected during barbed threads insertion.

Don't combine threads with heat generating devices such as lasers or RF before 12 weeks

because the heat will cause distortion of the threads.

Patients treated with liquid PLLA treatment before have not presented with problems

related to excess fibrosis. Similarly, no problems have been experienced in treating former facial surgery patients.

- Recommended threads can be different by patient's condition and doctor's discretion
- Please choose the model considering patient's size of face and condition



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Before & After



Before & After

Before

After



Before



After



Before



After



Before



After

